



1 EDUCATION & INFORMATION

**FRIDAY
DEC 6**

9:30am-12pm

**St. John's Anglican Church
1087 Lillian Ave
North York**

*turn over for
details on
upcoming events*

invites you to its

BREAKFAST CLUB EVENTS FOR

WILLOWDALE SENIORS

These events are designed to encourage healthy lifestyles, prevent & manage disease, provide financial & legal advice and connect SENIORS to LOCAL resources.

Free

ENTRY TO EVENT

and coffee, tea and snacks

**Over 10 exhibitors
with information and advice
on**

**Elder Abuse Prevention
Legal Matters
Public Health Services
Seniors Active Living and
Community Centres
Fall Prevention**

**SPECIAL GUEST:
Stan Cho, MPP Willowdale**

Ontario 



UPCOMING EVENTS 2019-2020

WILLOWDALE SENIORS' BREAKFAST CLUB & SKILLS INITIATIVE Free for all seniors

- 1 EDUCATION + INFORMATION
Dec 6
- 2 EXERCISE + STAY FIT
Jan 30
- 3 COOKING CLASS + EAT WELL
Feb 11
- 4 ART WORKSHOP
Feb 27
- 5 REPAIR CAFE
Mar 26

FOR BCNA MEMBERS ONLY

JAN FIRESIDE CHAT
15 with John Fillion,
Councillor for Ward 18

Join us

The BCNA's area is bounded in the north by Steeles Avenue, in the south by the hydro concession, in the west by Willowdale Avenue, and in the east by Bayview Avenue.

The Association is non political in nature and is there to serve all the residents of the area. Our main purpose is to make sure that the interests of residents are given consideration and are well-represented.

Please become a member to receive our newsletter and to add strength to our efforts on your behalf.

*for more information
and to become a member
please contact us:*

**mycommunity
@bayviewcummer.ca**

www.bayviewcummer.ca
#bayviewcummer

